

## Family Mealtimes

Have a talk with your family about how you want your family mealtimes to look

Draw a picture here of your family having a meal

A large, empty rounded rectangle with a black border, intended for a child to draw a picture of their family having a meal.

Can you agree on 3 family rules?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_