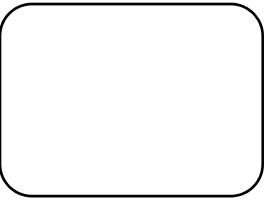
I can try new foods

It can take 15 or more times to get to like a new food



1. Choose a new food to try and write or draw it here



2. Before you start, try getting used to the new food.

Touch it	Smell it	Lick it	Taste it

3. Colour in the face every time you try your chosen food and see if you start to like it more each time

If you completed the task well done! Now try again with more new foods.