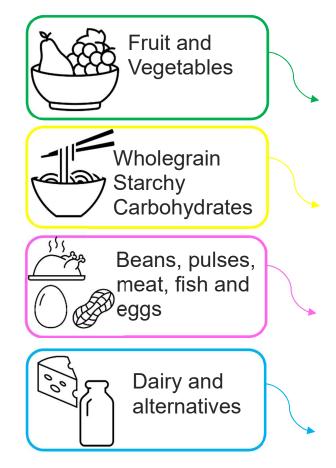


Link the boxes





and minerals to

keep me well