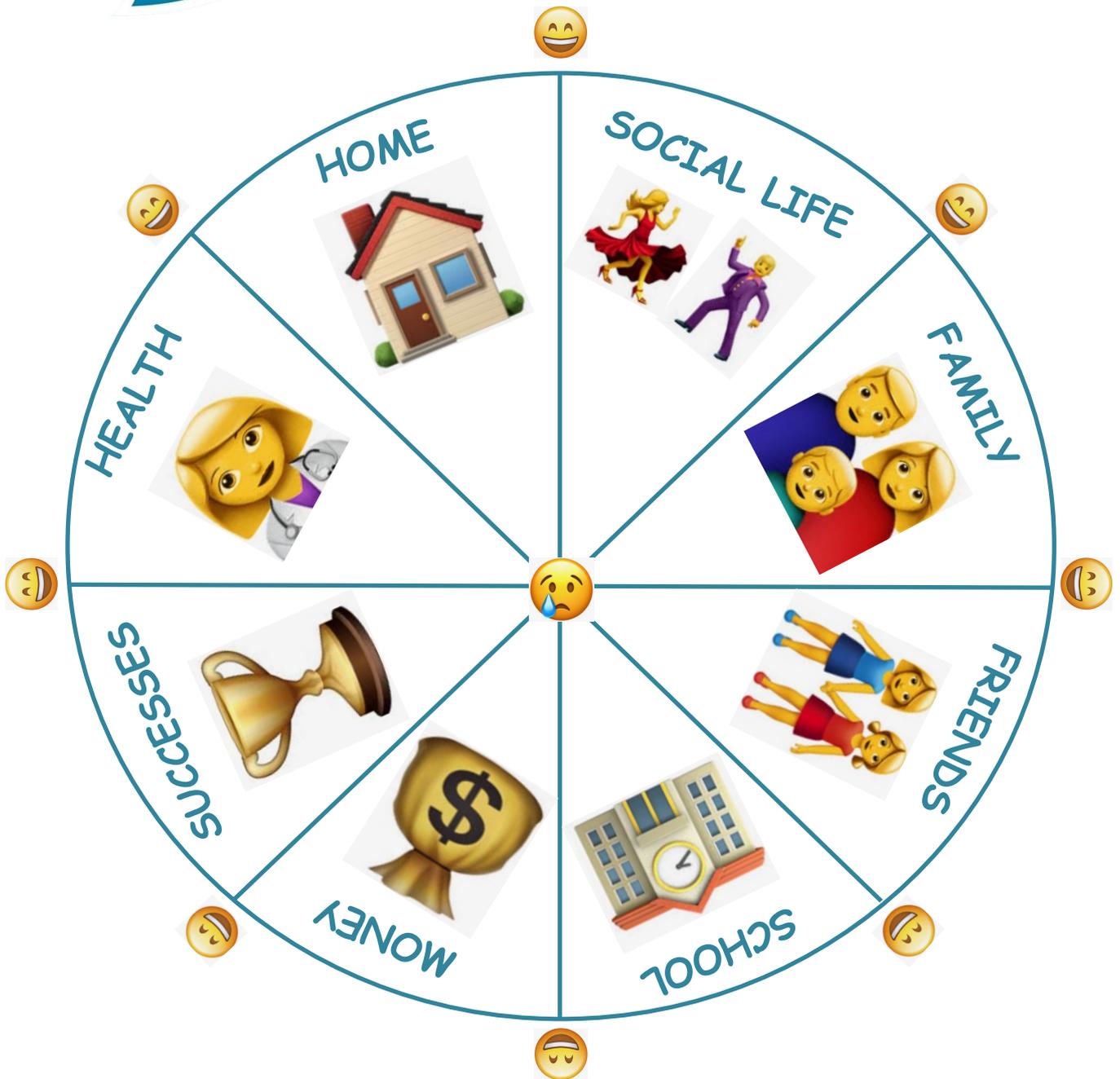


Public Health
5-19

Balance Wheel



				
1-2	3-4	5-6	7-8	9-10

How Are You Feeling Today?

						
Tired	Bored	Helpless	Frustrated	Angry	Worried	Confused
						
Sad	Stressed	Anxious	Scared	Content	Confident	Happy