Cumbria County Council



New for Spring Term 2021 PSHE/RSE whole school themed boxes

We have put together a range of themes to support PSHE teaching and the **Jigsaw** schemes of work. Each focus contains a mix of fiction and non-fiction — all brilliant for reading aloud, sharing and stimulating discussion.





Relationships - Getting on and Falling Out

Relationships, friendships, family life, bullying, staying safe online.

Celebrating Difference

Accepting others, bullying, racism, friendships, different families, different beliefs, children around the world, gender, disability.

Dreams and Goals

Facing challenges, perseverance, significant people who have faced challenges and achieved success.

Healthy Body, Healthy Mind

Family & friendships, diet, exercise, sleep, hygiene, emotions, staying safe including digital safety, self esteem, mindfulness.

Read for Empathy

Collection of titles to support National Empathy Day but an essential reading collection for all year round. Brilliant for assemblies too!

Save the Planet

Plastic pollution, recycling, vanishing rainforests, endangered animals, woodland habitat destruction, melting polar lands are all issues included in this collection. Perfect for discussion and sharing.

Refugees/Immigration

Help pupils challenge assumptions about migrants, asylum seekers and refugees and to develop mutual respect, empathy and understanding.

CCC J/N 24543