

Road Safety Week – November 2016



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Well done to those schools who took part in Road Safety Week highlighting the need to be seen. Congratulations to Heron Hill Primary School – they won the £100 Brightkidz voucher for their fun photo which shows the lively spirit of their walkers and scooterists! Wonderful whacky outfits – well done!

'Feet First' Puzzle and Sticker Books – We're Off!

It's great to see so many schools signed up to our new scheme, which replaces WOW. Unfortunately Feet First did not get off to a good start, the publishing and posting of which was delayed due to circumstances beyond our control. We can only apologise for this. It is with great relief that we can now say that all of the books have been delivered.

Here are some of the resources schools have received:



Entries for the Logo or Badge Design Competition are being used to produce an academic calendar and this will be sent out at the beginning of September. Competition entries to design a logo are to be with Nancy Sloan by 10 February – so get your entries in to nancy.sloan@cumbria.gov.uk!



What's Fun, Inclusive, Challenging, Competitive And Rewarding?



Yes – The Big Pedal 20-31 March 2017

Register NOW



Can we beat 41 schools taking part this year AND over 19000 journeys logged? Children love it, parents love it and staff too! We are calling on Cumbrian schools to sign up to The Big Pedal 2017 and be part of the UK's biggest school cycling and scooting event.

If you sign up you will receive a certificate from Active Travel to display in your school along with stickers AND NEW THIS YEAR if you sign up for the whole challenge, the chance to win fantastic spot prizes for your school each Monday, Wednesday and Friday. Active Travel will also award storage prizes to the top school in each category of the 5 day challenge.

Get your whole school community involved and join in with millions scooting and cycling to school – register now at www.bigpedal.org.uk

STOP PRESS.....STOP PRESS.....STOP PRESS.....

at the time of writing 40 schools have already signed up – brilliant! All schools signing up will receive a certificate and stickers

Last year

Big Pedal 2016 in numbers

- **123 trips around the world:** during the Big Pedal children cycled over 3 million miles in total. That's more than 123 trips around the world.
- **3 million miles:** the total distance travelled to and from school by bike or scooter during Big Pedal
- **63 million balloons** worth of CO2 were saved from being released into the atmosphere
- **221,000 doughnuts** worth of calories were burned during the two weeks
- **£384,000:** the cost of fuel not used for the school run during Big Pedal

Cumbrian Schools

- | | |
|-------------------------------|----------------------------------|
| • Total journeys: 19054 | • Child journeys (scooter): 8867 |
| • Child journeys (bike): 8115 | • Supporter journeys: 2072 |



▲ Children at Patterdale School who took part in The Big Pedal 2016 – Patterdale School have signed up already!



▲ Children at St Oswald's CE School, Burneside last year – can they beat their journeys logged last year?

Bikeability 2 million children trained in the UK and over 35,000 in Cumbria



Fabulous! That's what you are saying. Thank you for all the valuable feedback received – it is so important. It's great news to have funded Bikeability continuing in our schools until March 2020. New for next year are some funded Level 1 places at Year 4 – thank you to everyone for sending their requests in, we will let you know the outcome next month.

The bad news is unfortunately there will not be enough funding to cover all requests but the good news is all Level 2 training in Year 5/6 will continue as normal for ALL children!



Border TV paid a visit to Our Lady & St Patricks Catholic Primary School in Maryport to film a piece on the funding which Active Travel (Cumbria County Council) and Eden Valley Sports Partnership have secured from the Department for Transport. The youngsters taking part in the course were excited to hear that they would also get the opportunity to take their Level 3 Bikeability at Secondary School. Your contact for Bikeability – Judith email judith.aris@cumbria.gov.uk

Bikeability Instructor Training – Do you know anyone who wants to be a Bikeability instructor? British Cycling are delivering a course at Kirkby Stephen Grammar School on 4-7 April. This is a rare opportunity to receive training in Cumbria – unfortunately the candidate would have to fund the course.

The course details can be found here - www.britishcycling.org.uk/cycletraining/article/cyt20111013-Learn-to-Teach--0 , should you require this link electronically, contact Judith.

Walk to School Week 2017 – Funded Resources from Active Travel Sustainable Travel Week in Cumbria 5 Day Challenge – 15 – 19 May

Order your classroom packs from Active Travel – look out for a form coming to your school. Order your resources by returning the form electronically to Business.SupportParkhouse@cumbria.gov.uk by **17 February**. First 60 schools will receive funded resources. Any questions to Judith – judith.aris@cumbria.gov.uk

Children walking to Vickerstown School during Walk to School Week last year ►



Lollipop Man Glove Puppets

We have about a dozen glove puppets to give away to schools that have a school crossing patroller. The puppets are great to use during road safety talks. If you would like one, please contact Nancy Sloan, by email at nancy.sloan@cumbria.gov.uk. First come, first served.



100 mile challenge



Is your school one of the 52 schools signed up to Active Cumbria's 100 mile challenge this year?

Why not use Walk to School Week and/or Feet First to achieve some of those miles and get your youngsters cycling, scooting and walking to school?

For more information go to www.activecumbria.org/peschoolsport/spark-start/

Dates for your diary

10 February
Feet First competition deadline

17 February
Walk to School Week application deadline

20-31 March
The Big Pedal

15-19 May
Walk to School Week

20-26 November
Road Safety Week

Active Travel Team

Nancy Sloan is the main contact for anyone interested in WOW, Park and Stride, Walking Buses and School Travel Plans. Judith Aris is the main contact for anything cycling and Walk to School Week. Both can be contacted regarding any school travel issues or further information from our website www.cumbria.gov.uk/activetravel



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