

Teach scooter skills in your school – use our FREE resources!

Great news! Proving very popular already - Active Travel is proud to introduce our new Scooter Skills programme!

In last year's Big Pedal there were more children scooting to school than biking so we thought it would be great to introduce pavement etiquette and keep pedestrians as well as children safe!

Starting their school day with an active journey has positive effects on learning and fitness. With the focus on road safety, courtesy and fun, the simple programme develops scooter skills and is set up for school staff to deliver themselves.

The programme includes 2 booklets – a one hour skills session or a 'Levels' booklet with 3 levels of one hour session each. These sessions can be delivered to Years R-6 using normal school equipment and are progressive. They can be delivered by teachers, parents, Governors and can be fitted into PE sessions, after school clubs or even breakfast clubs!

Any schools wishing to apply contact Judith Aris - Judith.aris@cumbria.gov.uk - giving school name, scooter skills contact and email - or access details on the school portal.

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School Portal School Portal..... School Portal..... School Portal

To cut costs we will post all our notices on the school portal for you to download - keep an eye out for notices regarding things such as Bikeability, Feet First and Walk to School Week. This will be the last printed newsletter so please look on the portal.

Apply NOW for Walk to School Week resources and sign up for The Big Pedal. Deadline 16 February 2018.

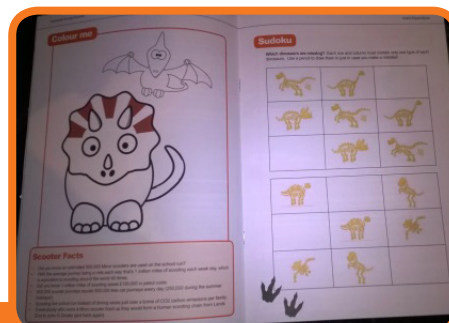
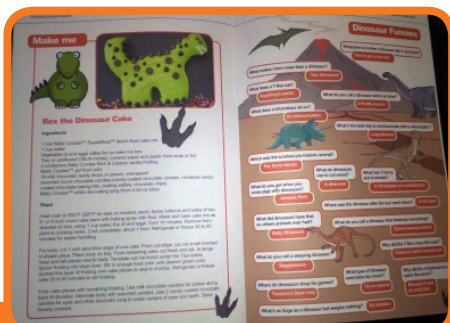
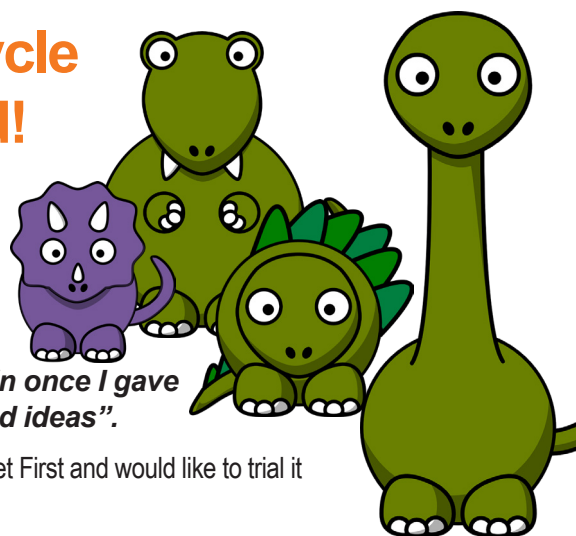


Feet First – Get moving.....Walk, cycle and scoot to school and get rewarded!

The second year of Feet First is running along nicely, with regular schools taking part and also six new schools signing up this year! Great! The puzzle books for participants have been well received and the theme this year is the ever popular dinosaurs.

Hayton CofE Primary School has been a supporter of Active Travel over a long time and one of the campaign leaders is teacher Catherine Gosson-Low, she said ***“The children loved the puzzle books! It sparked a bit of a push for more people to join once I gave the first lot out. I like the things they can make at home too - some good ideas”.***

We have spare Infant and Junior Puzzle books in stock, if your school haven't signed up to Feet First and would like to trial it during the Summer Term 2018 please contact nancy.sloan@cumbria.gov.uk.



Design a Banner Competition

The Design a Banner Competition is now open to all Feet First schools. You should have received full details of the competition and entry forms by email, if not, please contact nancy.sloan@cumbria.gov.uk.

If you are taking part in the competition please let Nancy know which template(s) you require. There are two categories: Junior School – Whole School or Whole Class; Infant School – Whole School or Whole Class. Schools have the choice of designing a banner and/or pavement sign. Primary Schools can request both templates for the infants and the juniors. After school clubs can enter too.

Hopefully entries will soon start coming in!

The winning schools will receive a performance by Histrionics Entertainment Company on 21st or 22nd May.

Histrionics deliver dramatic, interactive events and make a Present of the Past. They weave the travel to school message into famous stories from history. A totally unique and exceptional brand of entertainment, which both children and adults enjoy.



Feet First Days

There are 2 dates for your diary:

Friday, 9 February – Feet First Friday - Funny Hat Friday – make/wear a funny hat on your journey to school

Friday, 25 May – Feet First Friday - Walk, cycle or scoot with Teddy

Please let Nancy know, by email nancy.sloan@cumbria.gov.uk, if you are taking part in any of these events and Active Travel will provide some small rewards to hand out to the children.



On Yer Bike (or scooter!)

Big Pedal 2018 –23 April to 4 May

Around the world in 10 days

Opt in OR Miss out!

Year on year the Big Pedal gets better! If you haven't taken part - speak to someone who has and they will tell you what a motivating fortnight this is for children, staff, parents and in fact the whole community.

Last year in Cumbria:

- 52 schools logged journeys
- 19525 journeys logged
- 7910 by bike
- 9396 by scooter
- 2219 Supporter journeys

This national campaign saw:

- 1,693 schools take part
- 540,738 children/students
- 1,063,536 journeys logged



Storth CE School “nearly the whole of the school took part at one time or another and many still cycle and scoot to school”

Great Corby Primary “the children helped by going round the classes and collecting the data”

St Josephs RC Frizington “the sports council collected the numbers every morning from each class”

Warwick Bridge Primary “It captured the imagination of the majority of pupils. Adults also played a major role in the Big Pedal too”

Crosby on Eden CE School “one of the weeks coincided with science week, we did work on how bodies change during exercise, which is the best gear to be in, how gears work, size of wheels etc”

Cambridge Primary “Registering and the website were easy to use. The children took numbers from classes each day”

Watch out for registration and REGISTER NOW for the 5 day challenge



Bikeability

Bikeability continues, with schools embracing the funded delivery of this vital training. Thank you to the schools (many) which have kindly responded to our new surveymonkey feedback requests. This enables us to access funding and improve the service if odd things are highlighted. One comment mentioned ID and safeguarding – **ALL** instructors should have ID badges with them. **If they are in possession of a badge then they are DBS checked.**

Thankfully so far we have had some very positive comments from all. The week after training you will be emailed 3 links to very brief surveys – school, parent & pupil. **PLEASE, PLEASE** try and complete this – we **NEED** it and **always** look at them and will use it for future bids. If you could ask the children to do it as a classroom exercise then that is even better!

Some comments this term.....

Children

Ireleth St Peter's pupil “thank you for teaching me and I thought it was a great experience”

St Michael's CE, Bothel “the instructor was very kind and helpful”

Parents

“very interesting as it shows how parents appreciate any input into their child's road safety”

“very good course that covered safety on the road. I see a definite improvement in my child's ability on her bike – she now needs to practice more & become more confident”

“good feedback from my son. Increased confidence”

“happy for any extra input to keep my child safe on the road”

“positive feedback from my son when he came home from school”

Staff

St Oswald's CE, Burneside “The instructors (Rich & Sam) were fantastic. Very well organised. 2 of our school Governors observed one session each and they were very impressed. Thank you”

Morland Area CE Primary “The instructors were great - very supportive to the children and good feedback to staff”

Monkway Junior “We had another successful year of Bikeability. Positive comments from parents and children. Sue who organises it all is brilliant and very patient with trying to help me organise dates etc. Ed the instructor was, as always, fantastic with the children, very patient with them and had a really good rapport with children and adults alike. Long may this funding continue!”

Low Furness CE Primary “Excellent course, with a very good instructor - firm but fair!! All the children enjoyed the course and most of them achieved level 2. I watched the children gain in confidence and ability, and would thoroughly recommend the course. Please pass on our thanks to the instructor concerned”



School Travel Plans

If your School Travel Plan (STP) is more than 5 years old and has not been reviewed annually **YOU NEED TO WRITE A NEW ONE**. The County Council's Planning Officer states 'Where there is a clear increase in pupil numbers I have been taking the position that an STP is mandatory (and normally hold-out for upfront submission with the plan application, rather than submission under planning condition at a later date).

Please contact nancy.sloan@cumbria.gov.uk for travel plan templates, guidance and advice.



Cycle-Smart Survey

Thanks to the following schools for agreeing to take part in the pupil cycle surveys run by Cycle Smart, the charity with whom we work to sell subsidised/discounted helmets:

Heron Hill
St Martin & St Mary's
Victoria Infant School
Holy Family
Ghyllside
Beckstone
Chapel Street Infant & Nursery



Dates for your diary 2018

Friday, 9 February	Funny Hat Friday – make/wear a funny hat on your journey to school
16 February	Deadline Walk to School Week applications
19th February	Deadline Feet First Banner Competition
23 April – 4 May	Big Pedal 2018
21-25 May	Walk to School Week
25 May	Feet First Friday – Walk, cycle or scoot with Teddy

Twitter



Are you promoting Active Travel in your school?
Please send any photos to Judith –
judith.aris@cumbria.gov.uk or follow us on twitter
[@JudithAris](https://twitter.com/JudithAris)

Cycle Helmet Promotion

Don't forget you can still apply for discounted cycle helmets for your children – forms can be downloaded from www.cumbria.gov.uk/activetravel



Active Travel Team

Nancy Sloan is the main contact for anyone interested in Feet First, Park and Stride, Walking Buses and School Travel Plans. Judith Aris is the main contact for anything cycling, scooting and Walk to School Week. Both can be contacted regarding any school travel issues or further information from our website www.cumbria.gov.uk/activetravel



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