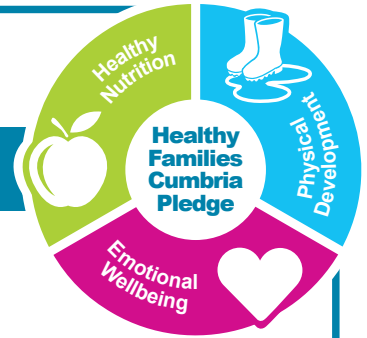


## Setting application process



1

Download the Healthy Families Cumbria Pledge workbook from the website [here](#)

2

Complete the workbook with as much information as possible. If you currently don't have anything to include in the first column "**What we are doing**" please try to complete the other 2 columns "**What we need to do**" and "**How we will do this**" for each area

3

Email the completed workbook to the Healthy Families Cumbria Pledge e-mail address [HFCPledge@cumbria.gov.uk](mailto:HFCPledge@cumbria.gov.uk)

4

The Healthy Families Cumbria pledge workbook will then be considered by the Healthy Families Cumbria Pledge panel – the Healthy Families Cumbria Pledge panel process is available on the website