



West Cumbria Carers



FREE! Carers Benefits Clinics



- **Have you got questions or queries about what benefits you or the person you care for are eligible for?**
- **Would you like help to complete a form for Carers Allowance, Attendance Allowance, Disability Living Allowance, Personal Independence Payment or Employment Support Allowance?**
- **Do you want to know about Council Tax Discounts for people with dementia and get help to fill in the forms?**
- **Would you like information and support to access grants and other financial support?**

Why not come along to one of West Cumbria Carers **FREE** benefit clinics and find out more. [You will need to book an appointment](#) and let us know what you want support with.

Carers Benefit Clinics are open to you if you look after a family member, relative, friend or neighbour who could not manage without your help.

Starting in July, the Benefits Clinics will run as follows:

Allerdale:

- Keswick Library—1st Wednesday of the month—10am—12pm.
- Maryport Library—3rd Thursday of the month—10am—12pm.
- Silloth Library—2nd Wednesday of the month—10am—12pm.
- Wigton Library—4th Thursday of the month—2pm—4pm.

Copeland:

- Millom Library—1st Tuesday of the month—10am—12pm.
- Seascale Library—2nd Tuesday of the month—10am—12pm.
- Whitehaven Library—3rd Tuesday of the month—10am—12pm.

To book an appointment at one of the sessions, please call us on 01900 821 976.

West Cumbria Carers is a registered charity supporting people who care for family and friends.