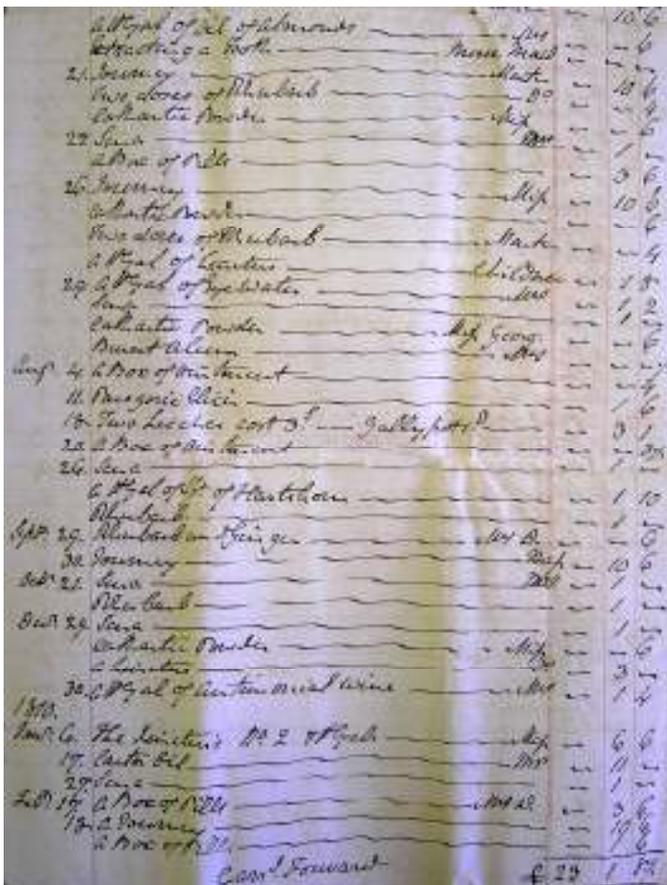
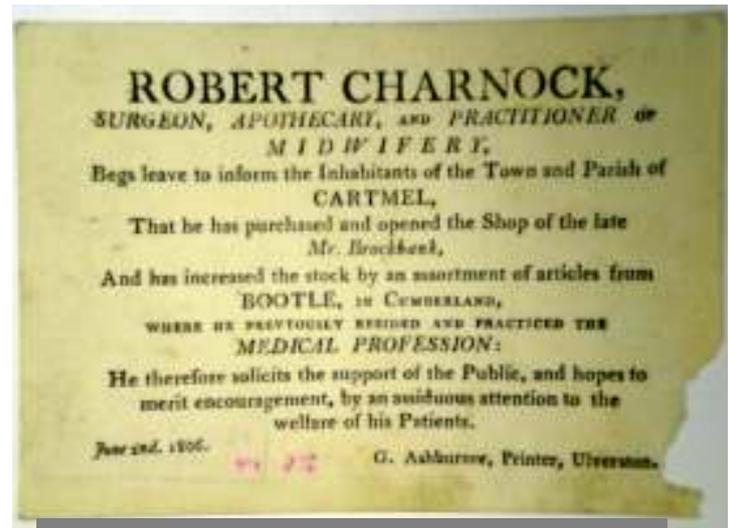


In the early 1800s only the wealthy could afford to pay for a doctor, whose effectiveness might depend on chance (the General Medical Council only starting a register of qualified doctors in 1858).

Advert for a surgeon, a step down from a → physician or doctor. Ref. ZS 14 (Barrow Record Office)



Ref. DKEN 3/3/2 (Carlisle Record Office)

## 19<sup>th</sup> Century Doctor's Bill: Glossary of Terms

Antimonial Wine = used to induce vomiting

Burnt alum = a cure for mouth ulcers

Cathartic powder = a strong laxative

Leeches = an annelid (marine animal) used for blood-letting

Linctus = a cough mixture

Oil of almonds = used to treat constipation

Paregoric elixir (Camphorated Opium Tincture) = a cure for diarrhea

Phial = a bottle

Senna = a natural laxative

Spirit of Hartshorn (Ammonium Bicarbonate) = 'smelling salts'

Date	Description	Price		
		£	s.	d.
July 1809	A phial of oil of almonds			6
	Extracting a tooth			
	Journey		10	6
	Two doses of rhubarb			4
	Cathartic powder			6
	Senna		1	
	A box of pills		3	6
	Journey		10	6
	Cathartic powder			6
	Two doses of rhubarb			4
	A phial of linctus		1	8
	A phial of eye water		1	2
	Senna		1	
	Cathartic powder			6
	Burnt alum			
August	A box of ointment			4
	Paregoric elixir		1	6
	Two leeches		3	1
	A box of ointment			3
	Senna		1	
	A phial of spirit of Hartshorn		1	10
	Rhubarb		1	10
September	Rhubarb and ginger			6
	Journey		10	6
October	Senna		1	
	Rhubarb		1	
	Senna		1	
	Cathartic powder			6
	A linctus		3	
	A phial of Antimonial Wine		1	4
January 1810	The linctus No.2 and phial		6	6
	Castor oil		11	
	Senna		1	
	A box of pills		3	6
	A journey		10	6
	A box of pills		1	6
	Total	23	1	8

In the 19th century, the lack of regulation of the medical profession meant that a variety of people offered their services, at a variety of prices, with a variety of 'selling points'!

**Bone Setting.**  
**JOHN WILSON**  
 RAILWAY TERRACE,  
**ASPATRIA**  
 (Son of Robert Wilson, Bone-Setter, of Swaithwaite Head, Ivegill, near Southwale).  
 ATTENDS THE UNDERMENTIONED PLACES:—  
**WIGTON**, on Tuesdays, at the Black Swan Inn, from 12 till 2 p.m.  
**WHITEHAVEN**, on Thursdays, at the Galle Lion Hotel, from 11 a.m. till 2 p.m.  
**WORKINGTON**, on Thursdays, at the Station Hotel, from 3 till 5 p.m.  
**MARYPORT**, on Fridays, at the Seaboard Arms Hotel, from 11 a.m. till 3 p.m.  
**CARLISLE**, on Saturdays, at the Caledonia Hotel, from 10 a.m. till 2 p.m., and at the Lord Brougham Inn, Warwick Road, from 1 p.m. till evening.  
 Communications addressed to Railway Terrace, Aspatria, will receive immediate attention.

How would you have coped with a broken bone before the days of free hospitals?

Tempted by the New World? In Egremont you could book your ticket *and* stock up on all you might need to fight disease overseas.

West Cumberland Emigration Agency  
**J. J. WILSON,**  
 FAMILY CHEMIST,  
 EMIGRATION & INSURANCE  
 AGENT,  
 CENTRAL DRUG DEPOT,  
**EGREMONT.**  
 EMIGRANTS' PASSAGES:— CANADA and the UNITED STATES at the Lowest Rates; AUSTRALIA, 13 Guineas; The CAPE, 12 Guineas; BRISBANE, 14 Guineas; and NEW ZEALAND, 16 Guineas.  
 Saloon Passages at equally Low Rates. Berths secured on payment of £1.  
 Every Information given to Emigrants, and Arrangements made to meet all Passengers booked by J. J. W. on arrival at Liverpool or London, and to see them safe on their respective steamers.

<p><b>Parish's</b>  <b>Balsam of Juniper</b>                  IS THE BEST PREPARATION FOR  <b>COUGHS &amp; COLDS</b>                  And all Complaints of the  <b>CHEST, THROAT,</b>                  AND  <b>LUNGS,</b>                  Arising from Cold.                  Sold in 7½d and 1s 1½d Bottles,                  BY  <b>W. PARISH,</b>                  THE PHARMACY,                  CLEATOR MOOR.                  A Stock of  <b>LEECHEES</b>                  ALWAYS ON HAND.</p>	<p><b>Parish's</b>  <b>CATTLE</b>  <b>MEDICINES</b>                  Are Prepared from a Carefully Selected Stock of  <b>PURE DRUGS,</b>                  And are the Best Preparations for Treating the                  Diseases of Stock Generally.                  List and Prices may be had gratis on application to  <b>W. PARISH,</b>                  CHEMIST AND DENTIST,                  CLEATOR MOOR.                  Agent for  <b>CARTER'S</b>                  UNIVERSAL BIRD SEEDS.</p>	<p><b>Parish's</b>                  Toilet Requisites                  Are by the Best Makers and at very Low Prices.  <b>PATENT</b>  <b>MEDICINES</b>                  AT                  REDUCED PRICES.  <b>W. PARISH,</b>                  THE PHARMACY,                  CLEATOR MOOR.                  TRY BY NOTE  <b>TIC AND NEURALGIC</b>  <b>MIXTURE.</b>                  Sold in Bottles at 1s 1½d Each.</p>
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Many pharmacists had extensive interests in the trade.

In Cleator Moor one pharmacy made up its own medicines, stocked traditional cures such as leeches, used chemists' skills to make drugs for animals, *and* offered dentistry. all you might need to fight disease overseas.

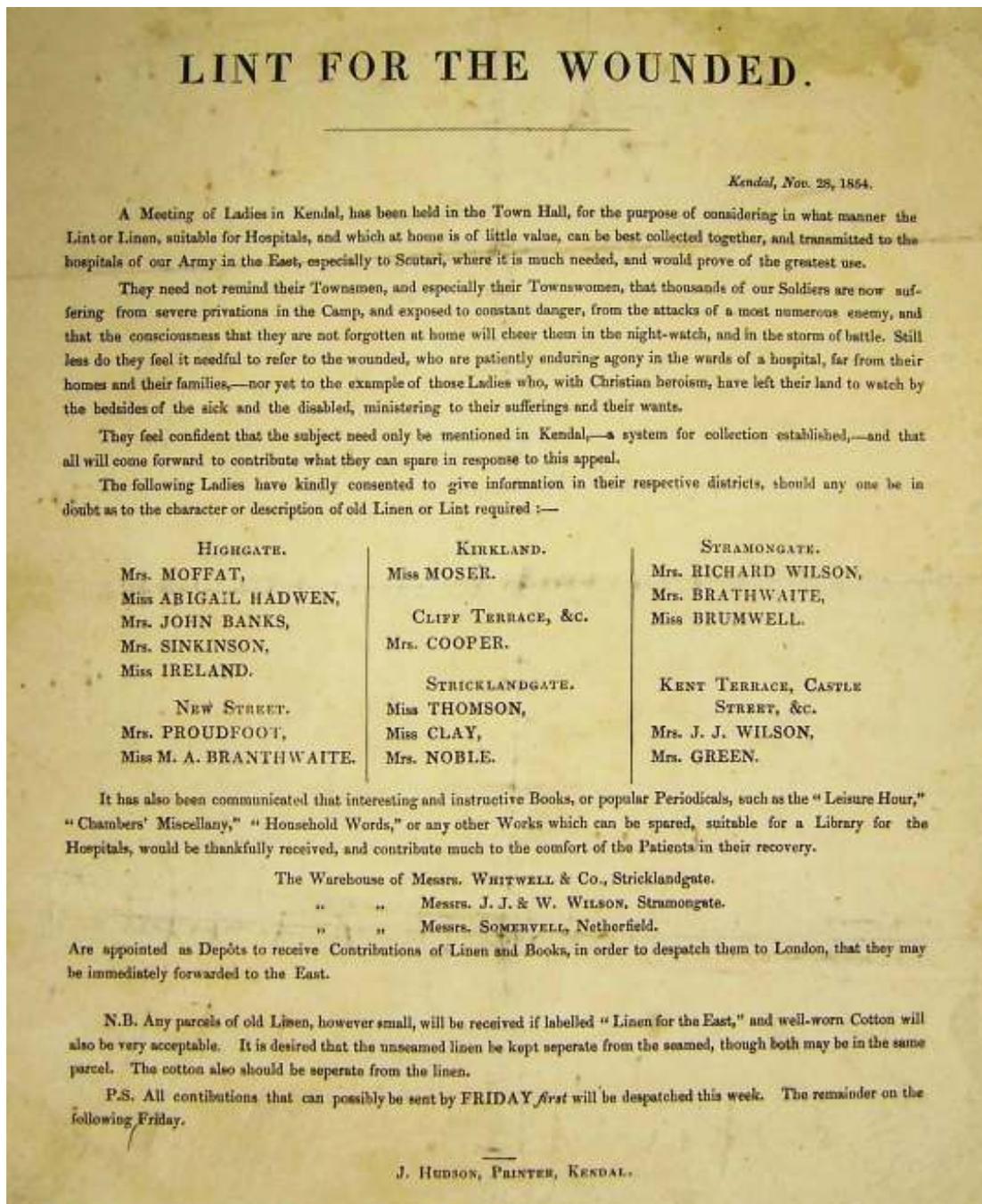
Before the medical professions and practices became truly separate it was common to see a firm practising in a number of areas; in Millom it was herbal and pharmaceutical chemists and dentistry.

From the range of supplies available at the dentists you can see that it included treatments made up using chemists' skills including *Quinine Tonic*.

<p><b>VINSON &amp; Co.,</b>                  DRUGGISTS &amp; MEDICAL BOTANISTS,                  5, HOLBORN HILL,                  MILLOM,                  RECOMMEND THE FOLLOWING PROPRIETARY MEDICINES:—                  VINSON'S Blood Mixture, 1s, 1½d, and 1s 5d.                  VINSON'S Phosphorus and Iron Pills.                  VINSON'S Compound Belladonna Linctum (Pain-killer).                  VINSON'S Corn Cure.                  Vegetable Aperient Pills.                  WITCHERLEY'S Purifying Pills, 7½d.                  Female Pills, 1s.                  VINSON'S Yellow Ointment, 7½d.                  DR. MENRO'S Cough Elixir.                  Superior Cough Candy.                  VINSON'S Essence of Linseed, &amp;c.                  Worm Powders.</p>	<p><b>VINSON &amp; Co.,</b>  <b>DENTISTS,</b>                  5, HOLBORN HILL,                  MILLOM,                  TEETH CAREFULLY EXTRACTED.                  TEETH THOROUGHLY CLEANED.                  TEETH PERMANENTLY STOPPED.                  Cumberland Tooth Powder, 6d. and 1s.                  Tooth Brushes of various kinds.                  Toothache Tincture, 6d. and 1s.                  Iron and Quinine Tonic, 1s. 6d.                  Neuralgic Mixture, 1s. 6d.                  Children's Teeth attended to.                  Children's Teething Powders, 7½d. &amp; 1s. 1½d.                  Infants' Preservative.</p>
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Although women had particularly long played an active role in medicine as nurses, Florence Nightingale's exploits in the Crimean War (1853 - 1856) gave the role a new respectability.

It was during the Crimean War that she had pioneered much in nursing practice and this Cumbrian example refers to Scutari, which gave her the opportunity to conduct her work.



The appeal is for lint and linen '...to be transmitted the hospitals of our Army on the East, especially to Scutari...'

It refers to the example of 'those ladies who with Christian heroism, have left their land to watch by the bedsides of the sick and the disabled, ministering to their sufferings and their wants'.

Contributions of books and popular periodicals such as *Leisure Hour* and *Household Words* were also requested for a hospital library for the patients.