



Young Perspective Board

Newsletter

Summer 2019

The Young Perspective Board (YPB) who shadow the LSCB found that many young people do not know or are unaware of where to go for help and support.

So the YPB asked the LSCB to help them get as many of the services, support and activities they could (Cumbria Community Foundation/Fire and Army Cadets/ Apprenticeships/CAMHS/ Cumbria Development Education Centre/Together We to name just a few) in one place on one day for young people to find out more and called it the Youth Summit.

The Youth Summit took place on Tuesday 23rd July at Soundwave in Workington and was attended by over 50 young people.

What We Did:

We chose a venue that we felt young people would like and that would be easy to get to, we didn't want people to feel intimidated to visit every stall so we had them spread out.

We also organised interactive workshops running throughout the day: Emotional resilience (Together We), drumming (Soundwave), make up tutorials (young Cumbria), smoothie making (Youth Council), graffiti art (Young Cumbria), global and local issues (Cumbria Development Education Centre). This meant that we could find out young people's views on what is important to them.

We had lots of accessible snacks and drinks in a chill out area for people to help themselves (everyone really liked this).

Everyone met new people, exchanged contact details with some and are looking forward to future events.



What we thought...

Claire, 14
from Youth Council
**"I had a really great day,
I was able to highlight
the issues that are
important to me."**

Harsirat, 16
**"It was really nice to see
what was available for
young people in the area...
I was able to meet new
people and found a couple
of different groups that
I want to join."**

Zac, 13
**"It was really nice
to do something
different in town. I liked
the smoothies and
found out where to
go for cadets."**



Elsbeth Dennison MYP for Allerdale and Copeland said:

"I thought Youth Summit was a really positive event for young people. There was lots of stalls there with information for young people if they wanted to access any. Also some fun activities like the smoothie making, which was really popular, the purpose of which was to encourage healthy eating. The weather held out which made the spray painting a popular option outside. The atmosphere was relaxed and I saw a good number of young people coming along.

Days like this are really important for young people to find out what is on in their area, especially during the holidays, when it is difficult to get the information you need from schools or college.

It was also a chance to meet friends, make new friends and have a safe space to hang out. It offered a lot of space and better than one big hall where you feel under pressure to attend every stall and nowhere to relax."

"I thought the group of young people were great and really engaged well with my session. They were all respectful of one and another and listened carefully during the session."

Debbie Watson: Global Education Officer:

I ran the workshop about 'Becoming a Global Leader'. The young people who took part were interested in exploring what it means to be a global citizen and how they could 'Act Local and Think Global'.

They enjoyed making a world map together as an icebreaker, then we looked at what 'leadership' meant and what opportunities they had in their own lives and in their communities to make a difference. The young people taking part were enthusiastic and interested.

What Next

Young people who attended were asked by Cumbria Development Education Centre what skills are important for today's challenges (votes for the 5 skills noted)

■ Resilience:	14
■ Creativity:	9
■ Problem solving:	5
■ Collaboration:	3
■ Critical Thinking:	1

We think that there should be an annual summer Youth Summit and the next one should focus on resilience.

Thanks for reading: Denny, 11 ■ Carlianne, 15 ■ Xander, 15 ■ Lennon, 14 ■ Chloe, 15 ■ Liam, 18 ■ Corrie, 11