

How can we help you?

Tracey and Emma can support you or your parents/carers with:

- Meetings
- Writing letters
- Annual Reviews
- Getting your voice heard



Tracey and Emma can help you or your parents/carers with your Education, Health & Care Plan, what you would like your plan to say about you.

Tracey and Emma can talk to you or your parents/carers:
face to face
on the phone
by email

The SEND Information, Advice & Support Co-ordinator for **Carlisle & Eden** is:

Tracey O’Roarty

Contact her by email or telephone:

tracey.oroarty@cumbria.gov.uk

T: 07825 088031

Emma Stephenson (Eden and Carlisle)

emma.stephenson@cumbria.gov.uk

T: 07769 935446



Designed Post-16 Pupil, James Rennie School



Contact Details for Co-ordinators in other areas of Cumbria:

Sally Godfrey (Copeland and Allerdale) T: 07795 110940

E: sally.godfrey@cumbria.gov.uk

Susan Eastwood (Allerdale and Copeland) T: 07824 408922

E: susan.eastwood@cumbria.gov.uk

Karen Hull (South Lakes and Furness) T: 01229 407559

E: karen.hull@cumbria.gov.uk

Celia Jones (Furness and South Lakes) T: 01229 407439

E: celia.jones@cumbria.gov.uk

