

## CLASSROOM STRATEGIES

### Interventions

The following are just a few of the many interventions and programmes that are available for adults working with children and young people with cognition and learning difficulties:

- Smart Moves by Sharon Drew. Smart Moves is a comprehensive package designed to support children from Reception to Key Stage 2 who move and learn differently. It offers a unique profiling tool to identify and target specific gross motor skills together with an extensive selection of PE curriculum-based activities to meet individual needs.  
[www.smartcc.uk/aboutus.html](http://www.smartcc.uk/aboutus.html)
- Speed Up by Lois Addy. Is a tried and tested kinaesthetic programme to develop fluent handwriting in children from 8-13 years of age. Whether the problems are associated with a developmental coordination disorder (such as dyspraxia), dyslexia or ADHD, or whether they are the result of poor handwriting habits acquired early on, this book will provide an effective source of help.
- Write from The Start by Ion Teodorescu (3 volumes). Is a programme to develop fine motor and perceptual skills necessary for effective handwriting. Based on holistic principles, this programme offers a different approach, developing the muscles of the hand – so that children gain the necessary control to produce letter forms – alongside the perceptual skills required to orientate and organize letters and words. The programme is effective for children aged 4-6 years with developmental co-ordination difficulties and older children with mild to moderate learning difficulties.
- Developmental Dyspraxia by Madeline Portwood. Is an intervention programme which will help improve the cognitive functioning of a child/young person with Dyspraxia.
- Supporting Children with Co-ordination Difficulties by David Fulton. This book provides information on the identification of different types of motor co-ordination difficulties, overlapping conditions, implications for classroom practice and ideas for effective intervention.  
[www.fultonpublishers.co.uk](http://www.fultonpublishers.co.uk)