

Wellness at Green Acres

HAF Inspection

Monday 22nd August 2022



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- Date- Monday 22nd August 2022
- Time – 10am to 1pm
- Young Inspectors – Lauren and Charlie
- Setting – Wellness at Greenacres
- Activity –Outdoor activities, petting animals, nature trails, den building, bouncy castle, art and crafts and Jungle Bus
- 36 young people – 18 male and 18 female.
- Leader – Hilary and Rachael



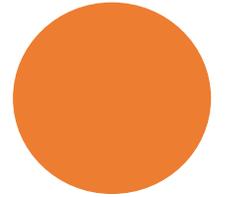
Wellness at Green Acres HAF inspection criteria

- **The criteria we will be using :**
- *Healthy Food* – is a healthy meal being provided
- *Nutritional education* – Are nutritional education activities available today?
- *Enriching activities* – Are enriching activities being offered today?
- *Physical activities* – Are physical activities being offered today?
- *Food education for families and carers* – is weekly training / advice being offered to families?
- *Signposting and referrals* – is the club providing information/signposting/referrals?
- *Policies and procedures* – Are procedures in place to operate the holiday provision safely?



Healthy Food
is a healthy meal being provided

- The hot lunch today was sausage casserole there was also packed lunch options for those who didn't want a hot lunch. Some children also chose to bring their own packed lunch. Although children were encouraged to try the hot lunch.
- Dessert was apple pie and assorted fruit.
- There is a different menu each day and sourced from a range of suppliers including local school kitchens and from supermarkets.
- Bottled water is available throughout the day and a fruit squash served at lunch time.



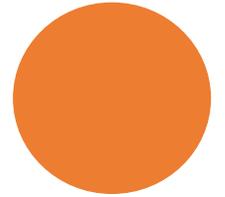
Nutritional education

Are nutritional education activities available today?

There was a fruit kebab activity this morning with children choosing which fruits they wanted and making their own stick of fruit. Some children made more than one.

Healthy food is promoted every day.

Children were encouraged to try new fruits and any leftover fruit was given to the animals to minimize waste. The goats loved the apple pie!



Enriching activities
Are enriching activities being offered today?

- Every morning the children sit in a circle to discuss the day ahead. Emphasis is made on kindness to others and animals
- Children who have been before are encouraged to help new children showing them around.
- Role play, animal care, crafting and games are all provided with children working in small groups, pairs or free playing on their own. Decision making skills, trying new activities, taking responsibility are all evident from the children taking part.



Physical activities

Are physical activities being offered today?



- The project is held outdoors in a large field with some key indoor spaces. A garden room for art and craft, a caravan for quiet chill out time, poly tunnel for petting guinea pigs. A bouncy castle, swing ball, football nets, den making material and a fantastic mud kitchen all promote physical activity
- The addition of a new Jungle bus (a double decker) provides a further area with soft play and a range of play equipment.
- All activities are risked assessed and safety is reinforced throughout the activities. e.g. grooming the horse and always approaching from the front. Closing gates, washing hands and being aware of others and their welfare.





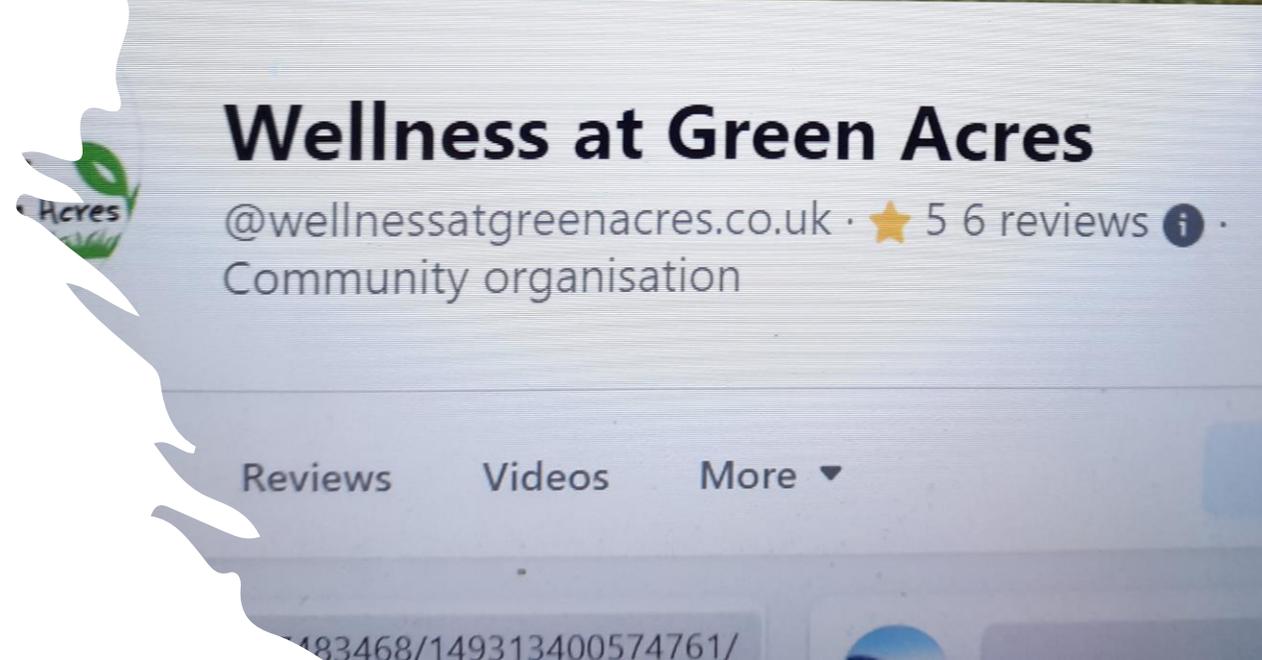
Food education for families and carers is weekly training / advice being offered to families?

Hilary explained that because of the large numbers attending that all information relating to healthy lifestyle and eating is posted on a range of their social media platforms.

Staff are always available to discuss healthy eating and dietary concerns. Hilary took photographs of children eating snacks and lunches to be able to reassure parents and carers that their children are eating and trying new foods.

Signposting and referrals
is the club providing
information/signposting/referrals?

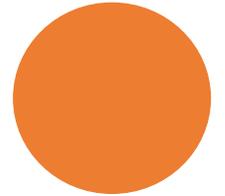
- This happens privately via email to the carer or parent. Children who attend may have been signposted from other agencies and Green Acres works closely with other partners with referrals to other services where help is needed.
- A range of information also appears on the organization's social media platforms.
- Some children who attend have been before, so Green Acres is able to develop a good relationship with the families.



Policies and procedures

Are procedures in place to operate the holiday provision safely?

- All young people are involved in agreeing behaviour standards each day at the start of the morning session and again after lunch.
- Risk assessments are in place for all the activities
- Food is supplied from a range of providers to ensure quality provision. A local school kitchen provided the hot lunches today delivering to the site.
- Consent for photographs, safeguarding concerns, allergies and any special educational needs are all recorded on the application forms when the family apply. A daily register is also taken.
- All support staff are made aware of any issue which may affect the delivery of the course to that young person. The adult child ratio was 8 adults /volunteers to 36 children.





Comments from the young people

I love everything about Greenacres and have been lots of times L8

The Jungle Bus is great fun and very different E8

I love all the different types of fruit to make kebabs with. H8

The staff are very good and I like to help them do jobs when I come here. A10



Holiday Activities
Food Programme
Rating is **5**

Excellent



Celebrations
and
suggestions
from
participants
and Young
Inspectors

- Fantastic that the activities are outdoors so that there is freedom to run around and make lots of noise if children want to.
- I would love to be able to come here every school holiday as it gives my mum a break and me a break from my brothers and sisters.
- For some children this is their first time of handling animals and it is great for children to learn about where some of their food comes from. Hens and duck eggs are collected daily.
- It's great that new activities and spaces are being added each time.
- All the staff and volunteers have lots of patience and are very kind to everyone.
- Everyone was making new friends.
- It's great that if children are struggling with a whole day session because of their needs they can arrive later, go early to reduce sensory overload.