

Cumbria LA Careers Service

On behalf of Cumbria County Council Inspira provides careers information advice and guidance for Electively Home Educated (EHE) young people from the summer term of Y11. Inspira work closely with young people to support transition planning; the careers support they provide is bespoke and tailored to meet individual needs and they welcome the involvement of parents. An Inspira Adviser will meet with the young person in advance of transition. On behalf of the LA, Inspira works with a range of providers and agencies to ensure we can support young people to prepare for the next stage of their learning journey. If you would like to find out more about the support and options available to you or your son/daughter or if you would like to speak to an adviser, please contact Inspira by filling in the relevant [contact form](#) on their website.

An example of the support on offer can include:

- career choice and planning
- qualifications and how to choose college courses
- college applications
- apprenticeships
- training courses
- job applications
- CVs
- skills for employment support

Cumbria Careers Support for Young People

<https://www.inspira.org.uk/Listing/Category/help-for-16-24-yr-olds>

Inspira - What are my Options?

https://search3.openobjects.com/mediamanager/cumbria/fsd/files/what_are_my_options_leaflet.pdf

Post 16 Providers

<https://localoffer.cumbria.gov.uk/kb5/cumbria/fsd/results.page?familychannel=5-2-5>