

Public Health Commissioning Team
NHS England North West
(Lancashire, South Cumbria, Cheshire and Merseyside)

April 2023

Dear Parent/Carer,

The Measles, Mumps and Rubella (MMR) vaccine is one of the most studied vaccines and millions of doses are given every year, therefore the MMR vaccine is safe to be given to your child.

As your child starts school, we recommend that they have had two doses of the MMR vaccine to ensure they are fully protected as the complications of Measles, Mumps and Rubella infections can be severe and life changing.

Please check your child's red book to see if they have had their pre-school booster and two doses of MMR. If not contact your GP surgery to make an appointment.

This year your child will also be eligible for a free nasal flu vaccine and this will be offered to them at their school during the autumn term.

Yours sincerely,

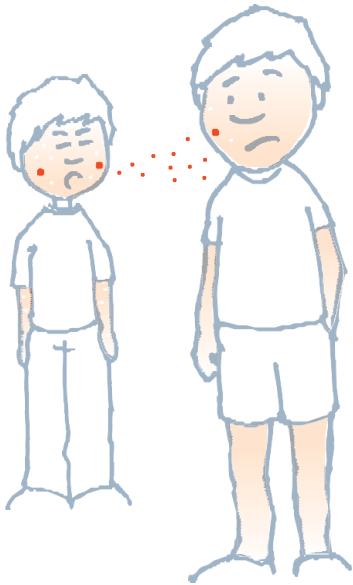


Tricia Spedding

Head of Public Health



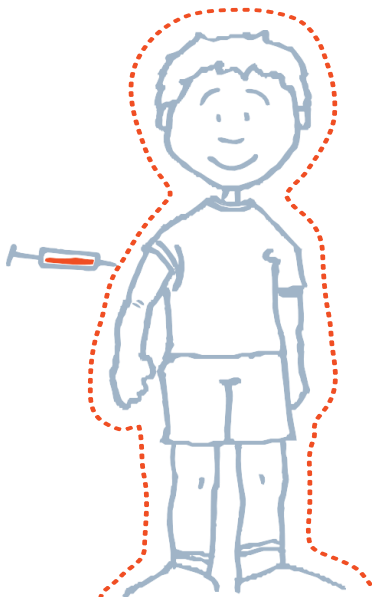
Measles spreads quickly and can be very serious.



Injections stop children catching some diseases such as: Measles, Mumps and Rubella.



Vaccines are safe. Many childhood diseases are dangerous.



Your child needs 2 doses of MMR. Ask your nurse, health visitor or doctor for advice about children's vaccines.



Images courtesy of Cumbria County Council