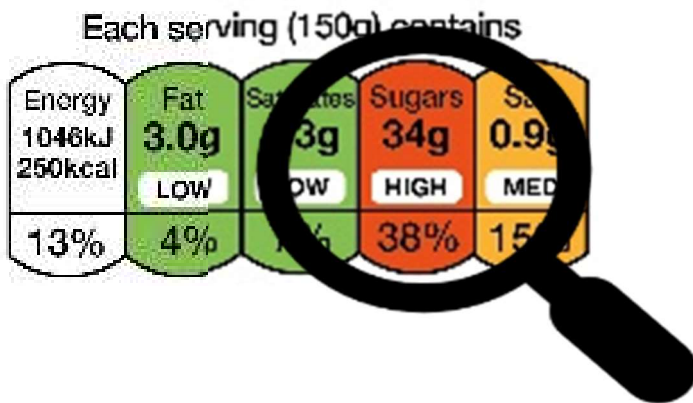


# Can you be a sugar detective?



You might need some help with this one so ask an adult. Check how much sugar is in your favourite foods? Can you find a traffic light label like this?



<b>RED</b>	High in sugar
<b>ORANGE</b>	Medium in sugar
<b>GREEN</b>	Low in sugar

Can you find 3 snacks you like that are labelled **GREEN** for sugar? Draw or write them in here.