**Inclusive Practice in the Early Years**

The Early Years Team are strongly committed to promoting inclusion for all of your unique children, and to supporting you within your settings to promote a fully inclusive environment for all of your colleagues and families. Cumberland is fortunate to have some incredible LGBT+ charities who support families with young children, for example:

### **Cumbria Pride**

Cumbria Pride currently have two projects running, ‘Make with Pride’ which offers art and craft sessions to LGBT+ families with young children including access to LGBT+ advisors, and ‘Connect with Pride’ which are events for 0-18 to support wellbeing.

[Make With Pride | Cumbria Pride](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDYsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LmN1bWJyaWFwcmlkZS5vcmcvbWFrZS13aXRoLXByaWRlIiwiYnVsbGV0aW5faWQiOiIyMDI0MDMyNy45MjQzMjkwMSJ9.qSDS5GnGPGX-0gYtYaNUt0Heiv81QIPTlpL3i3Tr14U/s/2978410576/br/239645474397-l)

### **OutREACH Cumbria**

**OutREACH Cumbria** currently run a Transgender Wellbeing Hub, and hold family support meetings.  They also have a small lending library of LGBT+ books that includes those suitable for young children, which settings are welcome to access.

[Cumbria Transgender Wellbeing Hub | OutREACH Cumbria](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDcsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3Lm91dHJlYWNoY3VtYnJpYS5jby51ay9jdW1icmlhLXRyYW5zZ2VuZGVyLXdlbGxiZWluZy1odWIiLCJidWxsZXRpbl9pZCI6IjIwMjQwMzI3LjkyNDMyOTAxIn0.0bJ3traw2EGyDKl_rF_zaFGysGxnOIAGdsbLQAv_pag/s/2978410576/br/239645474397-l)

### **Youth Groups**

Carlisle: Pride in North Cumbria (PiNC) [https://www.prideinnorthcumbria.org](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnByaWRlaW5ub3J0aGN1bWJyaWEub3JnLyIsImJ1bGxldGluX2lkIjoiMjAyMzA2MTQuNzgyMDAyMTEifQ.rpt7vs21hROCFuY2mUIaecBP-x07mv8K1N2C0SJ-1cI/s/2984859438/br/205546534452-l)

West Cumbria: Always Another Way (Colour Coded Group) [https://alwaysanotherway.co.uk](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vYWx3YXlzYW5vdGhlcndheS5jby51ay8iLCJidWxsZXRpbl9pZCI6IjIwMjMwNjE0Ljc4MjAwMjExIn0.nmO1uPpIuuHTOZuK1YGSjCMqqbMRl8q7Fa2jNGG8uh4/s/2984859438/br/205546534452-l)

**Other resources:**

**Picture Books that celebrate LGBT+ Families:**

Book Trust have produced this list of books that show – and celebrate – diverse families:

[LGBT+ picture books | BookTrust](https://www.booktrust.org.uk/booklists/l/lgbt-picture-books/)

And here is another useful list from Words for Life:

[LGBTQ+ book list for children in the early years. | Words for Life](https://wordsforlife.org.uk/activities/pride-month-book-list/)

**Further reading**

Here are some useful links and articles on LGBT+ representation in Early Years:

[Why LGBTQIA+ representation matters in Early Years | Famly](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LmZhbWx5LmNvL2Jsb2cvbGdidHFpYS1yZXByZXNlbnRhdGlvbi1lYXJseS15ZWFycz91dG1fY2FtcGFpZ249dWstbmV3c2xldHRlciZ1dG1fbWVkaXVtPWVtYWlsJl9oc21pPTgyOTg1MzY1Jl9oc2VuYz1wMkFOcXR6LThlbnZoU2dHSWFPTWoxOEVSTVFiQkIwZzBsMnFYQjl4SzNYOXlZR2ZQZDRTRU9qVDlabFdWVlViTHIzNHNZMHR1LTRmWjRVZUhHaEd5TXZQLVRtTkR5YnhTc0t2TXIzYWxSTjhxV3ljTWVkZmU1NTZFJnV0bV9jb250ZW50PTgyOTg1MzY1JnV0bV9zb3VyY2U9aHNfZW1haWwiLCJidWxsZXRpbl9pZCI6IjIwMjQwMzI3LjkyNDMyOTAxIn0.nFj5YLfHASCbjp2SLJMcNzbYkwyKEv7li13ebZpDbf4/s/2978410576/br/239645474397-l)

[Stonewall guide (birthto5matters.org.uk)](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDksInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vYmlydGh0bzVtYXR0ZXJzLm9yZy51ay93cC1jb250ZW50L3VwbG9hZHMvMjAyMS8wMy9nZXR0aW5nX3N0YXJ0ZWRfZWFybHlfeWVhcnMtMS5wZGY_dXRtX2NhbXBhaWduPXVrLW5ld3NsZXR0ZXImdXRtX21lZGl1bT1lbWFpbCZfaHNtaT04Mjk4NTM2NSZfaHNlbmM9cDJBTnF0ei1fVlh5NWhZMGh6THczdU1ydEFtdURDWDV3MzFDZzFOUTVLMFA1WGFmUFJrS3FnSmlyWXY3UEVhOFBYbmFLZm91VXBoRXRSeGJrYzh3ajU2aEI0RkhmUDRubnFUb1ZmaXIzZ2hkTmdUdWlvd3YtR1ZOOCZ1dG1fY29udGVudD04Mjk4NTM2NSZ1dG1fc291cmNlPWhzX2VtYWlsIiwiYnVsbGV0aW5faWQiOiIyMDI0MDMyNy45MjQzMjkwMSJ9.xR2lBX80qAA6vYm3LICVk_H0vVcL7lAfZnOZssqNTJM/s/2978410576/br/239645474397-l)

[How can practitioners promote an inclusive practice | Famly](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9..tJVa51JRWpygwldB3peqyrWUvRFg91AInvlIDJ08tzQ/s/2978410576/br/239645474397-l)