

At Mid-2019 South Lakeland's population was estimated to be 105,100;

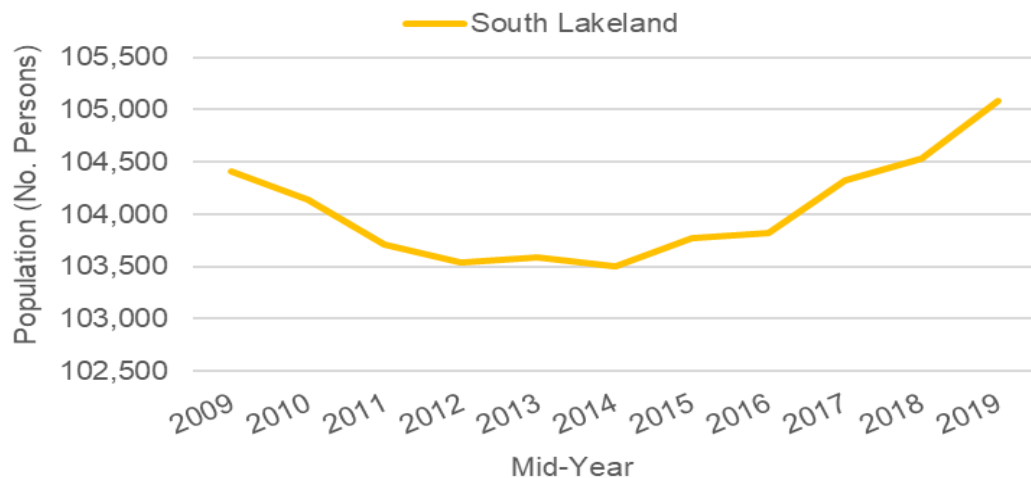
When compared to England & Wales, South Lakeland has lower proportions of residents in the three youngest age groups (0-44 years) and higher proportions of residents in the four oldest age groups (aged 45+);

Since Mid-2018, the population of South Lakeland has increased by 600 people (+0.5%), with the greatest percentage increase occurring in the 75 - 84 age group (+4.7%) and the greatest percentage decrease occurring in the 30-44 age group (-1.7%);

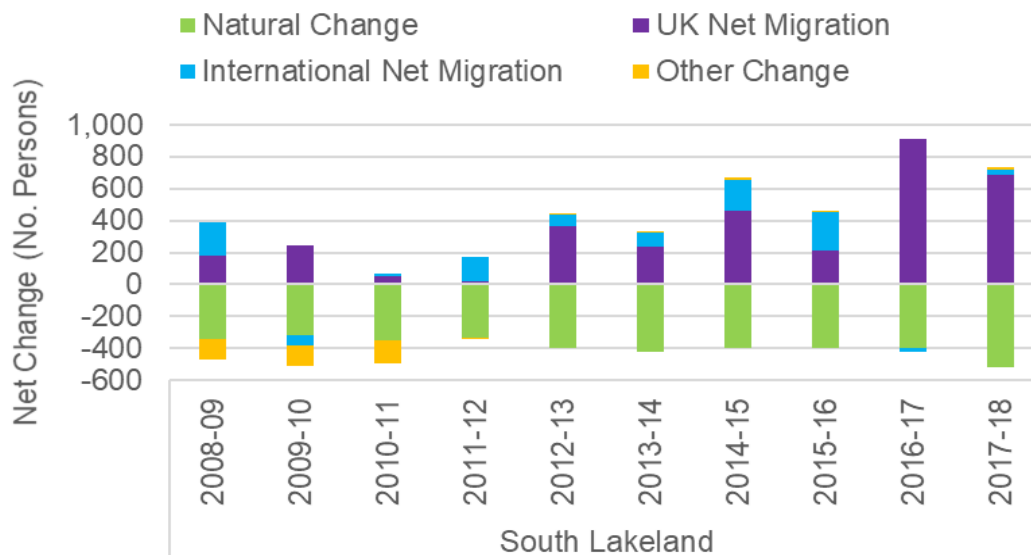
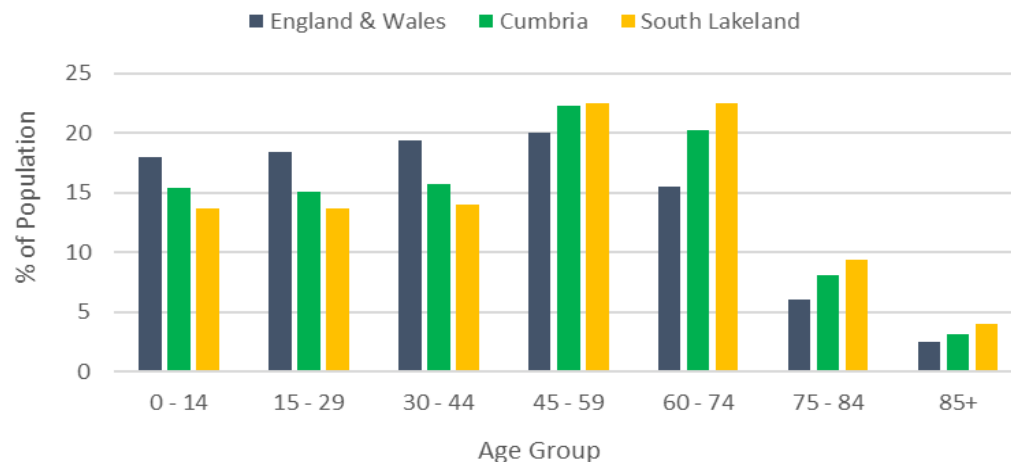
It is the combined effect of changes in numbers of births, deaths and migrants that determine overall population change. These factors are known as the 'components of change'. Information of the components of population change in each local area will be published in June 2020.

**Mid-2019  
Population:  
105,100**

Total Population (All Ages)



Mid-2019 Population by Age Group



	Age Group	Population		Numerical Change	Proportional Change
		Mid-2018	Mid-2019	(2018-19)	
South Lakeland	All Ages	104,500	105,100	600	0.5
	0 - 14	14,300	14,400	100	0.8
	15 - 29	14,400	14,400	0	0.2
	30 - 44	15,000	14,800	-300	-1.7
	45 - 59	23,800	23,700	-100	-0.4
	60 - 74	23,600	23,700	100	0.5
	75 - 84	9,400	9,900	400	4.7
	85+	4,100	4,300	200	4.6

Source: Office for National Statistics (ONS)  
Please note that totals may not sum due to rounding