

# Emergency Action Card

For use in the event of a major emergency at Spirit Energy Barrow On-Shore Terminals.

If you receive a warning of a major incident or hear the site emergency siren, remain calm and follow this advice:

**GO IN, STAY IN, TUNE IN**

**1 EVERYONE GO INDOORS**



**2 CLOSE DOORS AND WINDOWS**

Close curtains and blinds and shelter in a room on the opposite side of the building to the Spirit Energy Terminals



**3 LISTEN TO LOCAL RADIO**

Radio Cumbria 96.1 MHz FM  
358m (837) KHz MW  
Heart 96.9 MHz FM



**4 DO NOT ATTEMPT TO LEAVE THE AREA**



**5 DO NOT USE TELEPHONES**  
(unless you need urgent help)



**6 FOLLOW EMERGENCY SERVICES ADVICE**



For additional information see over.....



# Additional Information

- **GO INDOORS AND STAY THERE**

Close all doors and windows. Close curtains and blinds and shelter in a room on the opposite side of the building to the Centrica Energy Terminals. Keep away from windows to avoid danger from flying glass, and under no circumstances go outside where you could be in danger of being caught in an explosion.

- **DO NOT LEAVE THE AREA**

Never be tempted to leave the area unless told to do so by the Police. You will be much safer indoors.

- **SCHOOLCHILDREN**

If your children are at school during an emergency, you will naturally want to collect them as soon as possible; however it may not be safe to do so. They will be looked after as a priority group either at the school or evacuated to a safe place where they will be looked after by the school staff and those responding to the emergency. Please listen to local radio for advice and details of the arrangements that have been made.

- **DO NOT USE TELEPHONES (Unless you need urgent help)**

In an emergency all telephone systems may become overloaded and this may prevent emergency calls getting through. If you must make a call, please use a landline phone and be brief or send a mobile text message. Please do not make mobile telephone calls.

- **TUNE TO LOCAL RADIO**

The Emergency Services will broadcast information and advice on local radio, including confirmation that the emergency is over.

- **FURTHER INFORMATION**

For further advice read the booklet "What to do in an Emergency at the Spirit Energy Barrow Gas Terminals".



Resilience Unit  
Cumbria County Council  
Fire & Rescue Service HQ  
Carleton Avenue  
Penrith  
CA10 2FA



Tel: (01768) 812500