



# Cumbria SEND Information, Advice & Support Service

Offering impartial information, advice and support to children and young people with special educational needs and or disabilities and their parents & carers.

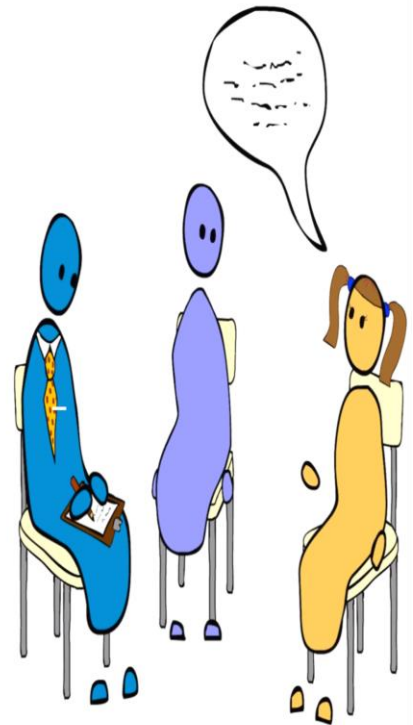




**Cumbria SEND**  
**Information, Advice & Support Service**  
**(formerly Cumbria Parent Partnership Service)**

# Review Meetings Support for Students

**Presentation by Tracey O’Roarty – SEND  
Information, Advice and Support Co-ordinator  
Carlisle and Eden**





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# What are Reviews?

- Reviews help you to look at how things are going right now.
- Reviews help you plan for the future.

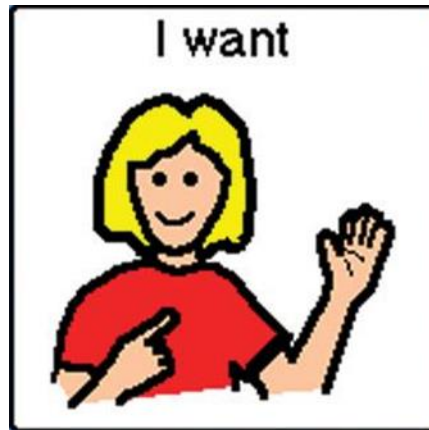




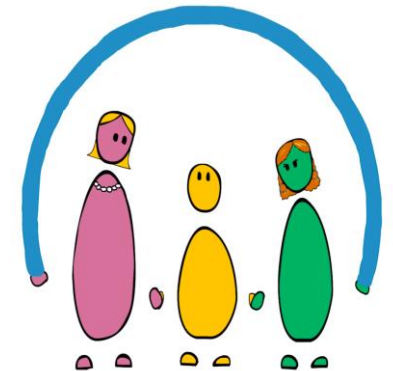
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# Your view matters

- Now that you are over 16 you make your own decisions about your future.



- You can ask for as much help as you like.

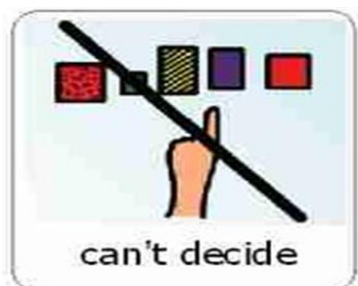




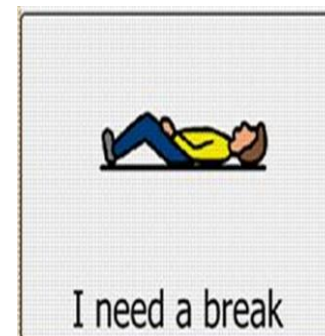
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## How confident do you feel?

- Some young people have told us they worry they won't say the right things in meetings.



- Others feel overwhelmed in meetings with lots of people

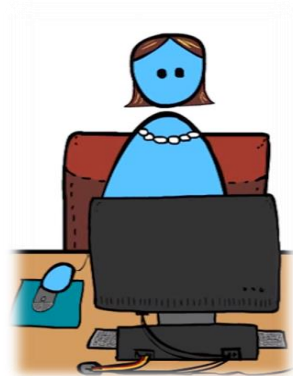




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# Before the meeting

- Preparing for reviews can help you feel more confident.



- Young people have told us they found making notes or PowerPoint presentations helpful to take on the day.

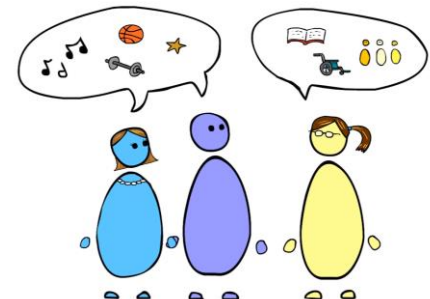




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# At the meeting

- Remember, there are no wrong answers!  
This meeting is about your views and your wishes.
- The meeting should be accessible.  
You should feel comfortable and should be able to choose how you give your answers.

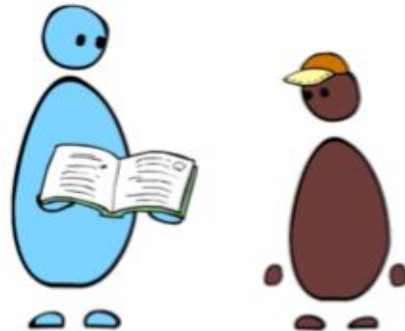




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## After the meeting

- You should get a copy of what is discussed at the meeting.
- If you want it in a way you can easily read please ask.







# Cumbria SEND Information, Advice & Support Service

If you would like any help with a meeting or planning for your future please contact me:

Telephone: 07825 088031

Email: [tracey.oroarty@cumbria.gov.uk](mailto:tracey.oroarty@cumbria.gov.uk)

[www.cumbria.gov.uk/childrensservices/schoolsandlearning/ils/parentpartnership/default.asp](http://www.cumbria.gov.uk/childrensservices/schoolsandlearning/ils/parentpartnership/default.asp)

Facebook: <http://fb.me/CumbriaSEND>

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