

Delivered by:	Class teacher	
Year groups	5 and 6	
Session length	60 mins	

Curriculum links:		
Science:		
Living things and their habitats		
See Teacher Overview for detailed links		

## Learning objectives covered

The session will introduce what is involved with composting and how it works

By the end of the session, the children will understand:

- What composting is and how it works
- The main types of composters available
- And be able to identify common waste items suitable for composting
- Understand what they can do next at home or in school to compost

## **Introduction film**

The film for this lesson will cover the following points:

Activity	Activity brief	Teacher activity	Resources and notes
What is composting?	Looking at the way a compost pile works and the microbes found in it		Film
What's so good about composting?			Film
What can be composted?	<ul> <li>The list of items that can and can't be composted</li> <li>Brown / green waste</li> </ul>		Film
How does the compose inside the pile?			Film
What are the different types of composter?	<ul><li>Food waste digester</li><li>Wormery</li></ul>		Film
How long does it take to produce good compost?			Film

Activity	Activity brief	Teacher activity	Resources and notes		
	Main part of session with range of activities dependant on time				
What items can be composted?  Types of compost: is it brown / green?	Use the Rubbish Rebels recording booklet to identify what can be composted	Make note what it tells you in the film	Activity in Rubbish Rebels Action Pack PowerPoint with images to help		
Do you compost at school / home?	Use the Rubbish Rebels Compost Commitment Poster to see what level you're currently at	Print out the Rubbish Rebels Compost Commitment Poster and put it on the wall for reference  Send information home about composters and food waste digesters that Cumbria County Council can supply at greatly reduced rates. Also available to schools.	See the Teacher Overview for activity and information documents  Website for details on Cumbria County Council food digesters and compost bins: www.cumbria.gov.uk/planning-environment/waste-management/foodwaste.asp		
Compost bin visit and sample collection	If there is a compost bin on site, visit it and take a sample out of the base (if possible)	Outside activity or inside, depending on the weather. Investigate the textures and make-up of the samples and record the results.  Take photos of the samples.	Enquire among staff to find out who composts. Ask for a small box of compost samples at different stages of decay.  See the Teacher Overview for		

			activity and information documents
Action plan of what	Plan your next steps to	If you feel you need more help with	PowerPoint has information
you are going to do	improve composting by	getting the composting going, look to	about another service the school
next	using the Rubbish Rebels	Garden Organic for support	could look at and more
	Compost Commitment Poster		information online
	1 Oster		
After Silver award			A company called Olleco can
you still feel that			collect food waste in Cumbria.
composting cooked			There are some details on the
food waste is not an			Teacher Overview and on the
option look at other			PowerPoint.
options			
			You will need to save the Olleco
			PowerPoint for after you have
			done the Silver Award Garden
			Organics.
NA/leat and the medical		End of session summary	
What are the main	The students can refer back		
items that can go in a	to their Rubbish Rebels		
compost bin?	Action Pack		
What are the two			
categories?			

## Homework

Activity	Activity brief	Teacher activity	Resources and notes
Food waste diary at	Keep track of what can	Check if students brought home	Rubbish Rebels Action Pack
home	be composted	information about Cumbria County Council's compost bins and food digesters.	(homework activity)
		Ask how many parents intend to or have ordered one. Fill this in on your award application form.	
Growing old veg	Using an old yoghurt		See activity brief in Teacher
	pot or cut-down milk		Overview
	carton, plant old veg		
	(e.g the end of a spring		
	onion) or seeds to grow		

## **Silver & Gold Awards**

Activity name	Activity brief	Teacher activity	Resources and notes		
	Silver award activity				
Arrange for Garden Organic	The students can help you	Contact Garden Organic. If they	www.gardenorganic.co.uk		
(or another experienced	get started or help you	aren't available, please contact			
expert on compost) to come	along with what you have	Judith Bradshaw at Cumbria			
along to school and talk		County Council:			
about composting		judith.bradshaw@cumbria.gov.uk.			
	Gold av	ward activity			
If you don't compost on site,					
and now plan to, organise					
building a compost pile or					
buy one					
Set up composting boxes in					
required places around					
school and a rota for					
emptying them					
If composting food waste at		Refer to the information about			
school is not an option, then		Olleco on the PowerPoint			
look at alternatives					