

# Community Grant Healthy Weight – Project Plan and Criteria



This Project Plan helps you to explain your project and its outcomes and also tell us how you will be measuring the success or the lasting impacts of the project. The Project Plan will be filled in along with the Community Grant Application Form.

Please write clearly using BLOCK CAPITALS when completing this application form.

## Section A: Healthy Weight Fund Criteria

- 1.1 It is preferred that the grants will fund community groups, voluntary organisations or social enterprises; but, we will consider applications from other agencies if they work closely with the local community and local assets.
- 1.2 Grants for this fund are awarded to community based projects and initiatives that will support the healthy weight agenda these include interventions/projects that aim to:
  - Increase physical activity
  - Encourage/educate people to eat a healthy diet
  - Improves access to healthy food
  - Supports individuals that are overweight and obese to lose weight
  - Build knowledge skills and capacity in the local community
  - Fulfil the community needs
- 1.3 Funded activities must be one or more of the following
  - Initiatives that target children or families (children being seen as 0-16 and priority given to 0-11 years)
  - A new activity
  - Developing or improving an existing activity
  - Extending the range or scale of an activity that the applicant already does such as offering an activity in a new area or with a different population/group
  - Help to develop activities to sustain them in the future – such as training staff or volunteers (or both) to provide food/physical activity or buying new equipment that will be used well in the future
  - A pilot
- 1.4 Applications will be considered from constituted groups only we do not accept applications from individuals.
- 1.5 Applications for less than 100% of costs are prioritised and groups are advised to try other avenues in addition to this fund.
- 1.6 We will not normally accept more than one application for funding per organisation or group in anyone one financial year. We may accept more than one application from the same group for clearly identifiable different projects in the same financial year.
- 1.7 Organisations or groups that operate a policy of exclusivity or have a closed membership and is thereby not open to any member of the public will not be considered for funding

- 1.8 We cannot fund community events if they are intended to pass on any surplus income to other organisations, e.g. events with benefits to “local charities”.
- 1.9 Grant applications will not be considered from political organisations.
- 1.10 Grants will not be awarded retrospectively i.e. grants will only be awarded for work or resources still to be purchased at the time the application is made.

**Section B: Contact Information (as also shown on your application form)**

Name of Group/Organisation	
Contact Name	
Telephone Number	
Contact Address	
Post Code	
Email Address	
Your Position in the Group	

**Section C: Tell us about the Community Project / Initiative you want us to support**

(You can continue on a separate sheet if required)

1 What is the name of your planned work?
2 How do you know that this project/initiative is needed and wanted?
3 Please give a brief description of the project/intervention.
4 How will you deliver the project?

5 Who will benefit from this grant and what do you hope to achieve?

6 How does the project address the healthy weight agenda?

7 What are the long term plans for your activity? (How will the work continue after the funding or how would any equipment purchased continue to be made available?)

8 How many people will benefit from the project or initiative in these age ranges?

0-4 Years	5-11 Years	12-19 Years	20-55 Years	55+ Years

9 Is this project or initiative targeting Males, Females or both? Please give numbers

Males

Females

10 Does the project support volunteers? If so how many?

11 How will you find out what difference your project has made?

12 When does your project begin?

13 What geographic area will your project serve?

14 Are you applying for other funding or have you secured other funding? (If so from where)

## Section D: The Outcomes

Once the project has been completed or after our agreed time, we will need you to confirm the following information.

<p>1 Did the project get delivered as set out in your proposal? What went well and what could have been improved?</p>				
<p>2 Please provide a detailed breakdown of how the grant has been spent</p>				
<p>3 How many people benefitted from the project or initiative in these age ranges?</p>				
0-4 Years	5-11 Years	12-19 Years	20-55 Years	55+ Years
<p>4 Of those benefitting do you have breakdown of Males and Females?</p>	Males		Females	
<p>5 Did the project support volunteers? If so how many?</p>				
<p>6 Has the project achieved what it set out to?</p>				
Yes	Partly	No		
<p>7 If you answered no or partly please tell us how things went. Please don't worry about reporting problems. We know that projects can encounter problems.</p>				

8 Did you receive any other funding/grant to support the project/initiative? If so How much and from where?

9 Please describe the new range of activities/services etc you have been able to provide as a result of the grant

10 Please tell us what difference this has made to the lives of the local community

11 Please tell us how your project addressed the healthy weight agenda in your area?

**Section E: Additional Information**

Is there any other information that you wish to give? You may wish to send additional information or continue on a separate sheet.

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