

Stakeholder Newsletter

News – ‘Supporting People’ Becomes ‘CAST’

‘Supporting People’ is changing. It is now the ‘Cumbria Advice and Support Team’. The Team is managed by **Julie Batsford** – Julie.batsford@cumbria.gov.uk Colin Cox explains more in the following article.

Contents

- Spotlight
- Domestic Violence
- Health and Wellbeing
- Young People
- Community Games Funding
- Supporting People Customer Focus Groups
- Creative Support – Fund Raising Events
- Local area coordination in your area
- Offending
- Drugs and Alcohol
- The Care Act The Basics
- Keep Smiling! - Your funny links, amusing anecdotes

The challenge ahead - Health and Wellbeing

The Health and Wellbeing Service has three main areas: the Public Health team that transferred from the NHS to the council in April 2013; the new Cumbria Advice and Support Team (CAST), comprising the former Ways to Welfare and Supporting People services; and Active Cumbria, the county sports partnership.

When public health joined the council last year all the contracts that came with that function were rolled forward until October 2015 to allow for a period of stabilisation before recommissioning. Fast forward 15 months and work is underway to establish new programmes of action, each of which may look very different in future to the services we have at the moment.

These reviews offer some really exciting opportunities to bring together public health and Supporting People work, so that we can offer our clients a comprehensive package of support that will really maximise their independence and their health and wellbeing outcomes. Work on establishing a comprehensive wellbeing service has only just begun, and we will be engaging a wide range of people in planning what this will look like – so look out for opportunities to get involved in this discussion over the coming months.



Colin Cox
Assistant Director for Health and Wellbeing and Director of Public Health



www.cumbria.gov.uk/supportingpeople/

Spotlight

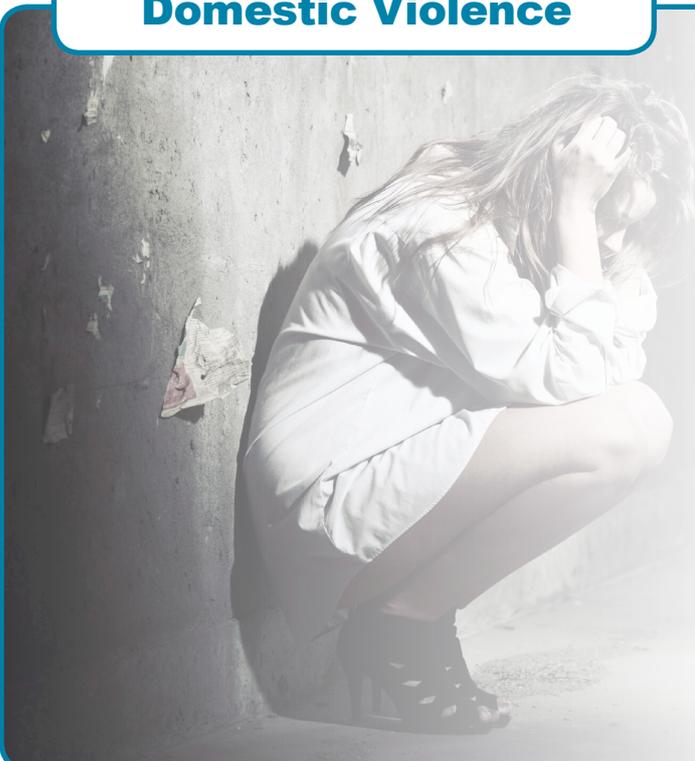
Making Every Adult Matter Pilot Evaluation (MEAM) - A review of pilots in Cambridgeshire and Derby involving charities and councils providing a coordinated approach to people who are homeless, offenders, substance misusers or experiencing mental health problems. The evaluation found significant increases in wellbeing and cost effectiveness. In Cambridgeshire the savings were as much as 26.4 percent over two years – a saving of £958 per person; in Derby the savings amounted to £484 per client per month. http://www.thinklocalactpersonal.org.uk/_library/COPRODUCTION/1_page_profile_for_coproduction_2.pdf

Benefit Changes begin to bite in Cumbria - 'Helping people to help themselves.' <http://www.nwemail.co.uk/news/homeless-families-in-cumbria-surviving-on-instant-noodles-and-microwave-meals-1.1129955>

Universal Credit: Your Claim Journey - An overview of the steps that people will take when claiming Universal Credit, from making a claim through to starting work - https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/322238/uc-claim-journey.pdf

Digital Inclusion': Housing providers need to think mobile - Residents are increasingly accessing the internet via mobiles – and social housing providers must react to the trend' - <http://gu.com/p/3njf8>

Domestic Violence



Rebuilding Shattered Lives - This paper draws together the views of an expert panel of advisors and a wide consultation exercise to find out more about women who are homeless and consider how to address it. <http://rebuildingshatteredlives.org/wp-content/uploads/2014/03/Rebuilding-Shattered-Lives-Final-Report.pdf>

Ending Violence against women and girls - In 2010 the Government launched its **strategic vision** for ending violence against women and girls – 'The Local Democracy Think Tank. <http://www.lgiu.org.uk/wp-content/uploads/2014/04/Ending-violence-against-women-and-girls.pdf>

Integrated multi-agency approach needed to handle domestic abuse - Sir Peter Fahy
Chief constable, Greater Manchester police <http://www.theguardian.com/society/2014/mar/27/integrated-multi-agency-approach-domestic-abuse>

Health and Wellbeing

Meam – Making Every Adult Matter

No Second Night Out, District Councils and SP are working together with provider agencies to identify those individuals around the county with the most complex needs. It is hoped that the results will create a clearer picture of the current level of need for this group. For more details on MEAM - <http://www.themeamapproach.org.uk/>

Young People

Young homeless people should not be turfed into inappropriate housing - <http://www.theguardian.com/housing-network/2014/feb/05/young-homeless-people-inappropriate-housing-bed-breakfast>

Impact South Lakes - Amy Pearman (Impacts Community Networker for the Barrow Foyer) gives us a brief update. <http://www.impacthousing.org.uk/news/news-young-peoples-service-south-lakes>



A feasibility study for a 'Night stop service' - in Cumbria has recently been conducted and fed back at the beginning of June 2014. The study highlighted a high demand for an alternative model to meet this priority need of suitable emergency accommodation. 'Nightstop' <http://www.depaulnightstopuk.org> links young people in need of somewhere to stay with those who may have a spare room to offer, providing safe and appropriate accommodation in the homes of carefully vetted and trained volunteers. Invitations to tender will be on the chest this summer. For more information email: diane.harrison2@cumbria.gov.uk

Community Games Funding



Active Cumbria, through Legacy Trust UK have funding available to local community event organisers. Organisers have the opportunity to apply for grant funding to support local events associated with sport happening in Cumbria. Funding grants up to £250 are available. Applications being taken now. For more information, please contact Jackie Hayhow on **07818 014966** <http://www.activecumbria.org/>

County News – Supporting People Customer focus groups

The Supporting People consultation reviews on future commissioning are now well underway across the county. Thank you for sharing your views which will all be considered in our future planning of services. The feedback from those of you who are receiving Supporting People accommodation and/or support has been extremely positive and helpful.

Thanks also goes to those professionals that have taken time to engage in this consultation process.

Creative Support – Fund Raising Events

Creative Support recently raised £1271 toward their 'Starter Packs' initiative. The packs will be individualised for the service users (current piloted in Barrow at a cost of £50 each) – if they need bedding rather than cutlery that's what they will get. Hopefully we may be able to get bigger items e.g. a washing machine or cooker as the fund gets bigger.

Our next fund raising evening will be held in Carlisle on 31st October with a race night followed by a 80's Halloween disco.

Local Area Coordination in your area

South Lakes Local Coordination Open Day

This took place on the 5th June. We would like to thank those 19 agencies that attended. My favourite quote from the event: "...a really informative drop in session that has helped me get a better understanding of the work the LACS do and its important role in building stronger communities"

Garden Share Project has arrived in Kendal!

Our LAC's in South Lakes, Paul and Lucy, have introduced a new project linking people who like gardening with people who have over grown gardens. ASC approached LAC to seek advice regarding difficulties they are facing with part of the carers budget that helps with the upkeep of gardens for service users unable to manage them independently. It is expected to have a variety of individual and community benefits - increasing participation, strengthening communities by positive contribution and establishing natural networks. For more information or to get involved contact:

Email: paul.phillips@cumbria.gov.uk

Phone: 07917 751521

<https://twitter.com/CumbriaLAC>



Fibromyalgia, ME and CFS' Support Group – Carlisle

Feeling isolated? Or that others do not understand your condition... you are not alone. We have a group that meets monthly to offer support to one another and a chance to talk.

When: Held on the first Tuesday of every month **Time:** 6.30pm – 8pm **Where:** Cornerstones Community Café

Contact: Joanne.kent@cumbria.gov.uk or Tel: 07825273030 or check us out on Facebook: Fibromyalgia & CFS/ME Carlisle

Date For Your Diary - Barrow in Furness Local Area Coordination Open Day

Come and Meet Barrows Local Area Coordinators at the Information Day. **Date:** 16 September
Time: 10am – 12Noon 1pm – 3pm. **Where:** Nan-Tait Building (on Abbey Rd), Barrow in Furness

Changing Our Lives - Quality of Life: Standards and Toolkit

The Quality of Life standards aim to raise people's expectations about what a good quality of life really means. The standards have been written by over 650 children, young people and adults with learning disabilities and autism. The standards are based on people with disabilities being seen and respected as equal citizens in society. - <http://changingourlives.org/images/leaflets/QOLStandardsandToolkit.pdf>

Offending

The Bradley Report Five Years On

The Bradley Report was a six-month independent commission which reviewed the extent to which offenders with mental health problems or learning disabilities could be diverted from prison.

http://www.centreformentalhealth.org.uk/pdfs/Bradley_report_five_years_on.pdf

Drugs and Alcohol

Alcohol-Use Disorders - Preventing the Development of Hazardous and Harmful Drinking
<http://www.nice.org.uk/guidance/PH24>



The Care Act – The Basics

The Care Act became law in May this year, with the principle of individual wellbeing as the driving force behind it.

The act will help people have clearer information and advice, and a more diverse range of support. It also places more emphasis on prevention - focusing on people's strengths and capabilities and supporting them to live independently for as long as possible.

The care and support system will also be clearer and fairer. There will be a national minimum eligibility threshold to help people better understand their eligibility for local authority support.

For the first time, carers will be put on the same legal footing as the people they care for, with extended rights to assessment and new entitlements.

The act also marks a change to the way care is paid for so people get more financial support from the state, and are protected from high costs if they develop conditions like dementia.

For more information, a DoH consultation paper on the Care Act is available here:

www.gov.uk/government/consultations/Updating-our-care-and-support-system-draft-regulations-and-guidance



Keeping Smiling!

You are extremely Lucky...we received no jokes this time! (Well, none worth printing at least.)

Pharrell Williams - Happy (12PM): <http://youtu.be/AGIKJ8CHAg4>

Thanks for this one. Drag the cursor forward and skip through the song to see a variety of eclectic dance styles.

The Chins Singing "What is Love": <http://youtu.be/Q2NypX0uzAQ>

Fairly immature really but it's still quite funny!

Jungle - The Heat: <http://youtu.be/Y4UckOGdZtl>

Watch these two strutt or 'Roll' their stuff.

